October 2024

Harvest of the Month: Apple

Lunch includes: entrée listed below, fruit, veggie & milk.

www.MyMealTime.com

All grains are at least 50% whole grain. Students must take ½ cup fruit and/or vegetables with meal. Milk choice includes skim, 1% and skim chocolate. Menu subject to change without notice, due to price and availability. This institution is an equal opportunity provider.

Lunch Menu Trinity Lutheran School





For questions about the menu, student accounts or eligibility for free or reduced meals please call FS Office 406-751-3400 x3443. *Community Eligibility Provision Qualified Schools include all District #5 Schools SY24-25 through SY27-28.

All Students must take at least ½ cup of fruit and/or vegetables to complete a school lunch.

A school lunch includes: (600-650 total calories), 1 cup milk, 1-2oz. grain, ¾ cup vegetables, ½ cup fruit.

Students must take at least ½ cup of fruit/vegetables.

Monday	Tuesday	Wednesday	Thursday	Friday
,	1 Cheeseburger w/WG Bun	Pizza w/WG Crust	3 Chicken Sandwich w/WG Bun	4 Pizza & Italian Soda Fundraiser
7 Bosco Sticks	8 Hoagie w/WG Bun	9 Pizza w/WG Crust	10 Bean & Cheese Burrito	11 Pulled Pork w/WG Bun
14 Chicken Gyros w/WG Pita & Tzatziki	15 Spaghetti w/WG Roll	16 Pizza w/WG Crust	17 Cheeseburger w/WG Bun	18 Pizza & Italian Soda Fundraiser
21 Chili w/WG Roll	22 Cheeseburger w/WG Bun	23 Pizza w/WG Crust	24 Chicken Tender w/WG Roll	25 11:30am Early Release
28 Sloppy Joe w/WG Bun	29 Nachos w/WG Chips, Meat, Cheese	30 Pizza w/WG Crust	31 NO SCHOOL	1) Nov. NO SCHOOL
	7 Bosco Sticks 14 Chicken Gyros w/WG Pita & Tzatziki 21 Chili w/WG Roll 28 Sloppy Joe w/WG	7 Bosco Sticks 8 Hoagie w/WG Bun 14 Chicken Gyros w/WG Pita & Tzatziki 21 Chili w/WG Roll 22 Chili w/WG Roll Cheeseburger w/WG Bun 29 Sloppy Joe w/WG Bun 29 Nachos w/WG Chips, Meat,	Toheeseburger w/WG Bun 1 Cheeseburger w/WG Bun 8 Hoagie w/WG Pizza w/WG Crust 14 Chicken Gyros w/WG Pita & Tzatziki 15 Spaghetti w/WG Roll 29 Cheeseburger w/WG Bun 20 Pizza w/WG Crust 21 Chili w/WG Roll 22 Cheeseburger w/WG Bun 23 Pizza w/WG Crust 24 Pizza w/WG Crust 25 Pizza w/WG Crust 26 Pizza w/WG Crust 27 Pizza w/WG Crust 28 Pizza w/WG Crust 29 Pizza w/WG Crust 28 Pizza w/WG Crust 29 Pizza w/WG Crust 28 Pizza w/WG Crust	1 Cheeseburger w/WG Bun 7 Bosco Sticks 8 Hoagie w/WG Bun 9 Pizza w/WG Crust Sandwich w/WG Bun 10 Bean & Cheese Burrito 14 Chicken Gyros w/WG Pita & Tzatziki 21 Chili w/WG Roll 22 Cheeseburger w/WG Bun 23 Chicken Sandwich w/WG Bun 16 Pizza w/WG Crust W/WG Crust W/WG Bun 21 Chili w/WG Roll 22 Cheeseburger w/WG Bun 23 Pizza w/WG Crust Chicken Tender w/WG Roll 28 Sloppy Joe w/WG Crust W/WG Crust W/WG Roll 28 Sloppy Joe w/WG Crust Chicken Tender w/WG Roll 29 Nachos w/WG Crust Chicken Tender w/WG Roll Pizza w/WG Crust N/WG Crust N/WG Roll 17 Cheeseburger w/WG Bun 28 Sloppy Joe w/WG Crust Chicken Tender w/WG Roll Pizza w/WG Crust N/WG Crust N/WG Crust N/WG Roll