

# October 2024

## Harvest of the Month: Apple

Lunch includes: entrée listed below, fruit, veggie & milk.

[www.MyMealTime.com](http://www.MyMealTime.com)

All grains are at least 50% whole grain. Students must take ½ cup fruit and/or vegetables with meal. Milk choice includes skim, 1% and skim chocolate. Menu subject to change without notice, due to price and availability. *This institution is an equal opportunity provider.*

## Lunch Menu Trinity Lutheran School



For questions about the menu, student accounts or eligibility for free or reduced meals please call FS Office 406-751-3400 x3443. \*Community Eligibility Provision Qualified Schools include all District #5 Schools SY24-25 through SY27-28.

**All Students must take at least ½ cup of fruit and/or vegetables to complete a school lunch.**

**A school lunch includes: (600-650 total calories), 1 cup milk, 1-2oz. grain, ¾ cup vegetables, ½ cup fruit.**

**Students must take at least ½ cup of fruit/vegetables.**

Lunch Menu:	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Regular Prices</b> Reduced: \$0.40 Student: \$3.25 Adult: \$4.25		<b>1</b> Cheeseburger w/WG Bun	<b>2</b> Pizza w/WG Crust	<b>3</b> Chicken Sandwich w/WG Bun	<b>4</b> Pizza & Italian Soda Fundraiser
<b>Local Now:</b> Apples, Carrots, Burgers, Lentils, Wheat Montana Bread, Squash, and more!	<b>7</b> Bosco Sticks	<b>8</b> Hoagie w/WG Bun	<b>9</b> Pizza w/WG Crust	<b>10</b> Bean & Cheese Burrito	<b>11</b> Pulled Pork w/WG Bun
	<b>14</b> Chicken Gyros w/WG Pita & Tzatziki	<b>15</b> Spaghetti w/WG Roll	<b>16</b> Pizza w/WG Crust	<b>17</b> Cheeseburger w/WG Bun	<b>18</b> Pizza & Italian Soda Fundraiser
	<b>21</b> Chili w/WG Roll	<b>22</b> Cheeseburger w/WG Bun	<b>23</b> Pizza w/WG Crust	<b>24</b> Chicken Tender w/WG Roll	<b>25</b> 11:30am Early Release
	<b>28</b> Sloppy Joe w/WG Bun	<b>29</b> Nachos w/WG Chips, Meat, Cheese	<b>30</b> Pizza w/WG Crust	<b>31</b> <b>NO SCHOOL</b>	<b>1) Nov.</b> <b>NO SCHOOL</b>